

Wivenhoe Sailing Club

Sailing Instructions 2023

1. RULES

- 1.1 All races will be governed by the rules defined in the current ISAF racing rules of sailing (RRS). In the event of a conflict between the RRS and these sailing instructions, these sailing instructions shall prevail.
- 1.2 Adequate buoyancy will be worn at all times while afloat, failure to do so will result in disqualification.

2. INSURANCE

All participating boats shall be insured against third party liability to £2,000,000 and have a valid certificate.

3. DISCLAIMER OF LIABILITY

Competitors participate in the races entirely at their own risk. The organising authority (WSC) will not accept and liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after any race.

4. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) outside the starting hut, on the Dinghy WhatsApp group, or on the club notice board.

5. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions and the schedule of races will be posted before 0900 on the day it will take effect.

6. SCHEDULE OF RACES

The racing schedule will be posted on the club website calendar in advance of the racing season. Any rescheduling required due to bad weather or other problems will be notified on the club notice board and WhatsApp groups in accordance with rule 5 above.

6.1 SAFETY BOAT AND OOD DUTIES

Members who participate in races are required to do at least 2 duties a year either on Safety boat or as OOD, during either a club race or Social Sail.

In the case that the duty falls within a race series, that member shall be awarded their average points of the series for that race.

7. MARKS AND COURSES

7.1 The navigation buoys in the river will be used in the addition of one or more club marks, (yellow buoys). A mark will often be placed as an upstream mark (upstream of the starting line to either provide a windward start or as a turning mark for a multiple lap course.

7.2 The course will be selected by the OOD from the current course card, unless no suitable course can be found, in which case one can be chalked up on the blackboard outside the starting hut. If a non-standard course is used the OOD will give competitors opportunity to obtain the course prior to the start.

7.3 The starting and finishing line is a transit line formed by the white pole standing in front of the starting hut and the pole on the foreshore with the red triangular top mark. There is no outer limit mark.

8. SIGNALS MADE ASHORE

8.1 Signals made ashore will be displayed on the starting hut, or the flagpole in front of the hut.

8.2 In the advent that a race needs to be delayed, Flag AP will be raised on the flag pole in front of the starting hut and the horn will be sounded twice to draw the competitor's attention to this flag. This may be signalled at any time before the start, although every effort will be made to notify the competitors as soon as possible. After the delay is over the AP Flag will be lowered with a single sound signal. The 5-minute starting sequence will then be restarted after at least 1 minute has elapsed.

8.3 In the advent that a race needs to be abandoned Flag N will be raised on the flag pole in front of the hut and the horn will be sounded three times to draw competitor's attention to this flag. This may be signalled at any time before or during the race. If competitors are not in the vicinity of the starting hut at this time then the message may be relayed to them by the safety boat.

9. FLAGS & BOARDS



Individual Recall

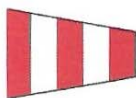
Hoist with **One Blast**



General Recall

Hoist with **Two Blasts**

Drop with 1 Blast - 5 Minute
(The Warning Signal) will
sound 1 Minute later



Race Postponed

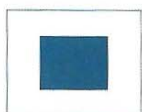
Hoist with **2 Blasts**

Drop with 1 Blast - 5 Minute
Blast 1 minute later



Race Abandoned

Hoist with **3 Blasts**



Shorten Course

Hoist with **2 Blasts**

A

All or Slow Handicap if 2 starts

B

Fast Handicap

10. THE START

10.1

The Starting Sequence



10.2 Boats over the line at the start will be given a second hoot and the class board will remain displayed until they re-cross the line, if they do not re-cross, they will either be disqualified or if they have not gained significant advantage a 3-place penalty may be applied at the discretion of the OOD (Officer of the day).

10.3 Boats whose warning signal has not been made shall avoid the starting area.

10.4 Any boat not crossing the start line within 30 minutes of the start shall not be deemed to be part of the race and shall be scored as DNS (Did not start).

10.5 In the interests of safety any competitor may paddle, row or otherwise propel their boat forward if they are upstream of a line drawn between the red post and the green post which are downstream of the flood barrier. This shall be permitted before the race has started or during the race without penalty.

11. CHANGE OF COURSE

11.1 To change the next mark, the safety boat will indicate to all competitors which mark will take its place prior to them beginning the leg to the changed mark. This will only occur in the event that a mark is missing or where there is not enough water for all competitors to round it.

11.2 The safety boat will not display a compass bearing or flag, instead the safety boat will indicate verbally and change of marks.

11.3 Courses may be shortened by the safety boat indicating to all competitors that a subsequent mark in the course will be considered to be the last and they should then head straight to the finishing line. The starting hut may also be used to do this in a multi lap course by giving two hoots and raising the S Flag as the leading boat approaches the end of a lap, near the finishing line.

12. PENALTY SYSTEM

The penalties are as specified in the ISAF instructions, i.e., a 360 degree turn for hitting a mark and 720 degree turn for infringing the rights of another competitor. This only applies if you have not caused serious damage or still gained an advantage after the penalty from the infringement. If either of the latter are the case you should retire from the race.

13. TIME LIMITS

The time limit for each race is 3 hours. Boats failing to finish within one hour after the first boat sails the course and finishes DNF (Did not finish).

14. PROTESTS AND REQUESTS FOR REDRESS

14.1 Protest forms are available from the starting hut. Protests shall be delivered there within 60 minutes of the last boat finishing.

14.2 For each class, the protest time is 60 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the race committee and to requests for redress.

14.3 Decisions of the jury will be final.

15. SCORING

15.1 Two Races are required to be completed to constitute a series.

15.2 Ties will be resolved in the ISAF racing rules Appendix A8.

15.3 The main scoring system is the low points system in which each competitor is awarded points equal to their finishing position. The following circumstances should be scored and abbreviated as follows:

Retired (RTD) or Disqualified (DSQ) or Did not finish (DNF) = 1 + number of boats starting the individual race.

Did not start (DNS) = 1+ Number of boats entering the series.

15.4

(a) When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.

(b) When from 3 to 4 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

(c) When from 5 to 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst two scores.

(d) When 7 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst three scores.

15.5

15.3 and 15.4 apply to the following series: Pursuits, Winter series, Frostbite series, Moss Cup, May Mug, Sykes Trophy, Laser Cup, Rivals Cup and WOD Challenge cup.

The WOD cup, Thelma Worsp Plate & Cadet Trophy will be scored the following high points system with no discards: 1st 4 points, 2nd 3 points, 3rd 2 points, all others finishing 1 point.

16. SAFETY REGULATIONS

16.1 Check in and check out is required by all Helmspersons. They must sign on and sign off all races using the form provided in the starting hut.

16.2 A boat that retires from a race shall notify the OOD (Officer of the day) as soon as possible.

17. REPLACEMENT OF CREW

Substitution crew is allowed before any race start, but once the race starts and boat must around the course with the same crew until after the finish.

18. OFFICIAL BOATS

Official boats will either fly the Wivenhoe sailing club Burgee and or will be marked with Wivenhoe Sailing Club (W.S.C).

19. HANDICAP SYSTEM

The handicap system used shall be a local club handicap, not the RYA. The handicap numbers used from time to time shall be determined by the sailing committee and an up-to-date list of handicaps shall be kept in the starting hut and posted on the club website.

20. PRIZES

All trophies/prizes will be awarded at the annual dinner except for those awarded for the Club Regatta which will be awarded on the day. The list of Trophies below are awarded on an annual basis, extra prizes may be added at the discretion of the sailing committee.

TROPHY	REQUIREMENTS
DINGHIES/WODS	
GLOZIER FITTING OUT CUP	Individual handicap race, all classes eligible
GLOZIER LAYING UP CUP	Individual handicap race, all classes eligible
SAINTY MEMORIAL CUP	Individual handicap race, all classes eligible
STUART PAWSEY CUP	Individual handicap race, all classes eligible
RAT RACE TROPHY	Individual handicap race, all classes eligible
MOSS CUP	Series of the above 5 races, all classes eligible
SCALY CAPSTAN	Individual handicap race, all classes except WODs
CAN RACE	Individual handicap race, all classes eligible
MAY MUG	Handicap series for all classes except WODs
ROSE & CROWN BOWL	Ladies handicap race, all classes eligible
WEBSTER CUP (UPSTREAM RACE)	Individual handicap race, all classes eligible
FARRAN CUP	Individual handicap race, all classes eligible
HAWARD CUP	Individual handicap race, all classes eligible
LASER CUP	Series for Lasers only
RIVALS CUP	Series for all classes except Lasers and WODs
BANK HOLIDAY CUP	Individual handicap race, all classes eligible
BOSTOCK CUP	Individual handicap race, all classes eligible
DAILY MIRROR CUP	First Dinghy in WSC Regatta race
EBB TIDE TANKARD	Individual handicap race, all classes eligible
LONG DISTANCE CUP	Individual handicap race, all classes eligible
COUSIN JACK TANKARD	Evening pursuit series, all classes eligible
3 CREEKS CRAWL CUP	Individual Handicap Race, All classes eligible
HELMSMAN CUP (WINTER SERIES)	Handicap series, all classes eligible
FROSTBITE SERIES CUP	Handicap series, all classes eligible
THELMA WORSWORTHY PLATE	Best overall position, all races count, all classes
CAPRIOL CAPSTAN	Individual WOD Race
SYKES TROPHY	Series for WODs only
WOD CUP	Best overall position, all races count
MIK GOODY TROPHY	First WOD In Rat Race
GEOFF BAILEY TROPHY	First WOD in WSC Regatta race
WOD CHALLENGE CUP	Series for WODs Only
CRUISERS	
ISSAC STOKES	WSC Yacht to cruise the furthest
HAROLD MEADOWS MEMORIAL	First WSC Yacht in the Wallet Shield race
RANGER TROPHY	First Yacht in the WSC Regatta (Fast)
SPINNER TROPHY	First Yacht in the WSC Regatta (Slow)
GUNFLEET CUP	First WSC yacht in around the Gunfleet Race