

Wivenhoe Sailing Club

Sailing Instructions

Issued 2011

SAILING INSTRUCTIONS

1 RULES

- 1.1** All races will be governed by the 'rules' defined in the current ISAF Racing Rules of Sailing (RRS). In the event of a conflict between the RRS and these sailing instructions, these sailing instructions shall prevail.
- 1.2** Adequate personal buoyancy will be worn at all times while afloat, failure to do so will result in disqualification.

2 INSURANCE

All participating boats shall be insured against third-party liability to £2,000,000 and have a valid certificate.

3 DISCLAIMER OF LIABILITY

Competitors participate in the races entirely at their own risk. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after any race.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located in the Starting Hut if it is open or the club notice board, just within the main entrance.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5 SCHEDULE OF RACES

The Racing Schedule will be sent to all Club Members in advance of the racing season. Extra copies will be available upon request. Any rescheduling required due to bad weather or other problems will be notified on the club notice board in accordance with rule 4 above.

6 MARKS & COURSES

- 6.1** The Navigation buoys in the river will be used with the addition of one or more club marks. The club marks are currently yellow buoys. A mark will often be placed as an upstream mark (upstream of the starting line to either provide a windward start or as a turning mark for a multiple lap course). However, a club mark may be placed anywhere on the course.
- 6.2** The course will be selected by the OOD from the current course card, unless no suitable course can be found, in which case one can be chalked up on a blackboard outside the start hut. If a non standard course is used then the OOD will give competitors opportunity to obtain the course prior to the start.
- 6.3** The starting and finishing line will be the transit line formed by the white pole standing in front of the starting hut and the pole on the foreshore with the red triangular top mark. There is no outer limit mark.

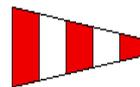
7 SIGNALS MADE ASHORE

- 7.1 Signals made ashore will be displayed on the starting hut, or the flagpole in front of the starting hut.
- 7.2 In the advent that a race needs to be delayed flag AP will be raised on the flag pole in front of the starting hut and the horn will be sounded twice to draw the competitors' attention to this flag. This may be signalled at any time before the start, although every effort will be made to notify competitors as soon as possible. After the delay is over the flag AP will be lowered with a single sound signal. The 6 minute starting sequence will then be restarted after at least one minute has elapsed.
- 7.3 In the advent that a race needs to be abandoned flag N will be raised on the flag pole in front of the starting hut and the horn will be sounded thrice to draw the competitors' attention to this flag. This may be signalled at any time before or during the race. If the competitors are not in the vicinity of the starting hut at this time then the message may be relayed to them by the safety boat.

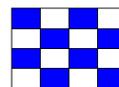
8 FLAGS

Class boards (flags) will be:

<i>Board</i>	<i>Class</i>
A	All or Slow Handicap if 2 starts
B	Fast Handicap



= Flag AP
(postponement)



= Flag N
(Abandonment)

9 THE START

9.1

Signal	Board	Sound Signal	Minutes to start
Warning	A or B	1	6
Preparatory	P (Blue Peter)	1	3 (All boats must be in the water)
Start	Remove A or B and P	1	0

- 9.2 Boats over the start line at the start will be given a second hoot and the class board will remain displayed until they re-cross the line. If they do not re-cross they will either be disqualified or if they have not gained significant advantage a 3 place penalty may be applied at the discretion of the OOD (Officer Of the Day).
- 9.3 Boats whose warning signal has not been made shall avoid the starting area.
- 9.4 Any boat not crossing the start line within 30 minutes of the start shall not be deemed to be part of the race and shall be scored as Did Not Start (DNS).
- 9.5 **In the interests of safety any competitor may paddle, row or otherwise propel their vessel forward if they are upstream of a line drawn between the red post and the green post which are downstream of the flood barrier. This shall be permitted before the race has started or during the race without penalty.**
- 9.6 To encourage 'new competitors' the OOD will may permit those 'new' to racing to commence racing on the preparatory signal (3 minutes before the start). It will be for the OOD to determine who is a 'new competitor'. His/her decision shall be final. The time for the 'new competitor' shall commence when the race starts.

10 CHANGE OF COURSE

- 10.1** To change the next mark, the safety boat will indicate to all competitors which mark will take its place prior to them beginning the leg to the changed mark. This will only occur in the event that a mark is missing or where there is not enough water for all competitors to round it.
- 10.2** The safety boat will not display a compass bearing or flag, instead the safety boat will indicate verbally any change of marks in the course.
- 10.3** Courses may be shortened by the safety boat indicating to all competitors that a subsequent mark in the course will be considered to be the last and they should then head straight to the finishing line. The starting hut may also be used to do this in a multi-lap course by giving two hoots and raising the 'S' flag as the leading boat approaches the end of a lap (near the finishing line).

11 PENALTY SYSTEM

- 11.1** The penalties are as specified in the ISAF instructions, ie a 360° turn for hitting a mark and a 720° turn for infringing the rights of another competitor. This only applies if you have not caused serious damage or still gained an advantage after the penalty from the infringement. If either of the latter are the case you should retire.
- 11.2** The sailing committee may, without a hearing, penalize a boat that has broken rule 42.

12 TIME LIMITS

The time limit for each race is 3 hours. Boats failing to finish within one hour after the first boat sails the course and finishes will be scored Did Not Finish (DNF).

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1** Protest forms are available at the Starting Hut. Protests shall be delivered there within 60 minutes of the last boat finishing.
- 13.2** For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the race committee and to requests for redress
- 13.3** Decisions of the jury will be final.

14 SCORING

- 14.1** 2 races are required to be completed to constitute a series.
- 14.2** Ties will be resolved as specified in the ISAF Racing Rules Appendix A8.
- 14.3** The main scoring system is the Low Points System in which each competitor is awarded points equal to their finishing position. The following circumstances should be scored and abbreviated as follows:

Retired (RTD) or Disqualified (DSQ) or Did not Finish (DNF) = 1 + Number of boats starting the individual race.

Did not Start (DNS) = 1 + Number of boats entering the series.

- 14.4** (a) When fewer than **3** races have been completed, a boat's series score will be the total of her race scores.
- (b) When from **3** to **4** races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When from **5** to **6** races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- (d) When **7** or more races have been completed, a boat's series score will be the total of her race scores excluding her three worst scores.
- 14.5** 14.3, 14.4 apply to the following series: Evening Pursuit, Winter, Ebb Tide, May Mug, Sykes and Moss Cup.

The WOD Cup, Laser Cup, Thelma Worsp Trophy & Cadet Cup will be scored the following high points system with no discards: 1st 4pts; 2nd 3 pts; 3rd 2pts; all others finishing 1pt.

15 SAFETY REGULATIONS

- 15.1** Check-in and check-out is required of all Helmspersons. They must sign-on and sign-off all races using the form provided in the Starting Hut.
- 15.2** A boat that retires from a race shall notify the Officer Of the Day (OOD) as soon as possible.

16 REPLACEMENT OF CREW

Substitution of crew is allowed before any individual race start, but once the race starts the boat must race around the course with the same crew until after the finish.

17 OFFICIAL BOATS

Official boats will either fly the Wivenhoe Sailing Club Flag and/or will be marked "Wivenhoe Sailing Club (WSC)"

18 HANDICAP SYSTEM

The handicap system used shall be a local handicap. The handicap numbers used from time to time shall be determined by the Sailing Committee and an up to date list of handicaps shall be kept in a folder in the start hut.

PRIZES

All trophies/prizes will be awarded at the Annual Dinner except for those awarded for the Regatta which will be awarded on that day.

The list of trophies awarded on an annual basis is indicated in Appendix A. Extra prizes may be added at the discretion of the sailing committee.

Appendix A – Trophies and Prizes

Trophy	Requirements	Year Established	Benefactor
Dinghies			
Glozier Fitting Out Cup	Individual handicap race, all classes eligible.		
Glozier Laying Up Cup	Individual handicap race, all classes eligible.		
Sainty Memorial Cup	Individual handicap race, all classes eligible.		
Halfway Cup	Individual handicap race, all classes eligible.		
Stuart Pawsey Cup	Individual handicap race, all classes eligible.		
Bostock Cup	Individual handicap race, all classes eligible.		
Rat Race Trophy	Individual handicap race, all classes eligible.		
Moss Cup	Series consisting of the 7 above races, all classes eligible.		
Haward Cup	Individual handicap race, all classes eligible.		
Scaly Capstan	Individual handicap race, all classes eligible.		
Can Cup	Individual handicap race, all classes eligible. Special Course rounding all buoys.		
Ladies Race	Individual handicap race, all classes eligible. All female crew required.		
Cousin Jack Tankard	Evening Series (currently pursuit races).		
May Mug	Handicap Series for all classes except WODs		
Sykes Trophy	WOD Series		
Winter Series	General Handicap series for the winter		
Thelma Worsp Plate	Best overall position, all races count and all classes eligible.		
Capriol Capstan	Individual WOD race, only WODs eligible.		
Wod Cup	Best overall position, all races count and WODs only eligible.		
Laser Cup	Best overall position, all races count and Lasers only eligible.		
Cadet Cup	Best overall position, all races count and only cadets eligible.		
Geoff Bailey Trophy	Regatta WOD Race		
Cruisers			
Harold Meadows Memorial	First WSC Yacht in the Wallet Shield Race		
Guy Harding Trophy	First WSC Yacht in the WSC Regatta (Long)		
Spinner Trophy	First WSC Yacht in the WSC Regatta (Short)		
Daily Mirror Trophy	First WSC Yacht in the CYC 'Cock of the Colne' Series		
Ranger Trophy	Individual WSC Yacht Race		
Isaac Stokes	The Yacht to Cruise the furthest.		