



UPM = Up Stream Mark (yellow buoy behind WSC Line)

- 1 27s, 36p, 32p, UPM p (Multiple laps)
- 2 32s, 28s, 32p, UPM p (Multiple laps)
- 3 27s, 36p, 27s, 32s, 27p, 36p short
- 4 32s, 21s, 24s, 28p, 32p short
- 5 32s, 24p, 21p, 24p, 21p, 26s, 28p, 32p short
- 6 32s, 21s, 24s, 21p, 26p, 24p, 21p, 28p, 32p medium
- 7 32s, 21s, 24p, 19s, 20s, 28p, 32p medium
- 8 32s, 19s, 20s, 19p, 24s, 21p, 28p, 32p medium
- 9 32s, 21s, 24p, 19s, 20s, 19p, 28p, 32p medium
- 10 32s, 24p, 19s, 20s, 24s, 19p, 28p, 32p medium
- 11 32s, 24p, 21s, 20p, 19p, 20p, 26p, 32p medium
- 12 32s, 24p, 21p, 26p, 19s, 20s, 28p, 32p medium
- 13 32s, 19s, 20p, 18p, 28p, 32p long
- 14 32s, 24p, 21s, 18p, 17p, 20s, 21 p, 32p long
- 15 32s, 20p, 19s, 18s, 19p, 24s, 21p, 26s, 28p, 32p long
- 16 32s, 21s, 24p, 12s, 28p, 32p very long

(Rat Race) 32s, Rat Island, 32p

(Can race) 29s, 27s, 36p, 32s, 30p, 28p, 26p, 23s, 21s, 24p, 19s, 20p, 18p, 16p, 17s, return to Start line observing all navigation buoys.

(The furthest buoy is to be chosen by OOD on the day)